



MindTech Healthcare  
Technology Co-operative

*National Institute for  
Health Research*

## ***Realising the Potential of Digital Mental Healthcare***

### **MindTech 2016 Mental Health Technology Symposium**

The NIHR MindTech Healthcare Technology  
Co-operative for Mental Health

## **Programme and Booking Details**



**Thursday 8 December 2016**  
**Royal College of Physicians, London**



The Institute of Mental Health is a  
partnership between  
Nottinghamshire Healthcare NHS  
Foundation Trust and the  
University of Nottingham



**NIHR MindTech National Symposium 2016**

**Realising the Potential of Digital Mental  
Healthcare**

**Thursday 8 December 2016  
Royal College of Physicians, London**

**09.00** Registration and Coffee

**10.00** Welcome and opening remarks

*Professor Martin Orrell – Director, Institute of Mental Health, Nottingham*

**10.05** **Keynote Opening Address: The Improving Access to Psychological Therapies (IAPT) Programme: What it has achieved and how digital can help it go further**

*Professor David M Clark – National Clinical & Informatics Advisor for IAPT, Professor of Experimental Psychology, University of Oxford*

**10.25** **Research Showcase: Technology in real world settings**

*Chair: Martin Orrell – Director, Institute of Mental Health, Nottingham*

**The AQUA trial: Clinical utility of a computerised assessment of activity and attention (QbTest) for ADHD**

*Professor Chris Hollis – Director of NIHR MindTech HTC*

**Randomised controlled trial to assess feasibility and acceptability of web-based enhanced relapse prevention for bipolar disorder (ERPonline)**

*Professor Fiona Lobban - Professor of Clinical Psychology & Co-Director of Spectrum Centre for Mental Health Research, Lancaster University & Rita Long, Service User Researcher, Spectrum Centre for Mental Health Research, Lancaster University*

**ChatHealth – save and secure messaging**

*Jimmy Endicott, Digital Development Lead, Leicestershire Partnership NHS Trust*

**Mersey Care NHS Foundation Trust/The Risk Authority, Stanford: Developing a suicide prevention app**

*Dr David Fearnley, Medical Director and Consultant Forensic Psychiatrist, Mersey Care NHS Foundation Trust*

**11.25** Refreshments and Networking – Osler Room

- 11.55**      **Session 2 - MindTech Debate: 'This house believes self-guided computerised CBT (cCBT) no longer has a place in the evidence-based management of depression'**  
Chair: Professor Richard Morriss, Professor of Psychiatry and Community Mental Health, University of Nottingham & Mood Disorder Theme Lead, NIHR MindTech HTC
- Panellists:
- André Tomlin – Founder and Director of Minervation Ltd & the National Elf Service  
    Dr Kate Cavanagh – Senior Lecturer in Clinical Psychology, University of Sussex  
    Dr Stefan Rennick-Egglestone – Digital Research Specialist, University of Nottingham  
    Melissa Briscoe – Head of Psychological Therapies, Self Help, Manchester*
- 12.50 – 14.00**    Lunch, networking, exhibition – Osler Room
- 14.00**      **Digital Mental Healthcare: A 2020 Vision**  
*Dr James Woollard – Consultant Child & Adolescent Psychiatrist, Oxleas NHS Foundation Trust & Senior Clinical Fellow, Mental Health Technology & Innovation, NHS England*
- 14.15**      **Introducing RADAR-CNS – Remote monitoring technology for depression, epilepsy and multiple sclerosis.**  
*Professor Matthew Hotopf - Director of the South London and Maudsley NHS Foundation Trust National Institute of Health Research Biomedical Research Centre (BRC) and Professor of General Hospital Psychiatry at the Institute of Psychiatry, Psychology and Neuroscience, King's College London*
- 14.30**      **Session 3 - New Horizons: Rapid Fire Technology Showcase**  
Chair: Dr Jen Martin, Programme Manager, NIHR MindTech HTC
- Brain in hand – David Fry, Chief Executive  
    A novel facial expression and emotion sensing platform for virtual reality – Dr Charles Nduka, Chief Scientific Officer, Emteq Ltd  
    I4i Funding 2017 – Martin Hunt, i4i Programme Director, NIHR*
- 15.00**      Refreshments and networking – Osler Room

- 15.30      **Session 4 - Virtual reality, avatars and human therapists:**  
**Chair: Professor Chris Hollis, Director, NIHR MindTech HTC**
- Avatar therapy for voices in psychosis**  
*Dr Mar Rus-Calafell, Clinical Research Coordinator-AVATAR Project  
and Dr Tom Ward, Research Clinical Psychologist/Senior Clinical Psychologist,  
Institute of Psychiatry, Psychology and Neuroscience, King's College London*
- Virtual reality cognitive therapy for persecutory delusions**  
*Professor Daniel Freeman – NIHR Research Professor, Department of Psychiatry,  
University of Oxford*
- Virtual human therapists**  
*Dr Michel Valstar – Associate Professor, Computer Science, University of Nottingham*
- 16.10      **Keynote Closing Address:**  
**Leveraging the Phone for Mental Health**  
*Professor David Mohr – Director, Center for Behavioral Intervention Technologies  
(CBITs), Professor in Preventive Medicine-Behavioral Medicine, Medical Social  
Sciences and Psychiatry and Behavioral Sciences Northwestern University, Chicago,  
USA*
- 16.30      **Closing remarks and thanks**  
*Professor Chris Hollis – Director of NIHR MindTech HTC*

NIHR MindTech HTC reserve the right to alter and amend the programme as necessary.

## **Registration**

### **Voluntary Sector/CIC's - £95**

For local, voluntary and community interest groups, small charities (with a yearly income under £150,000), self-help groups and service users. We have a small number of assisted places available at the above price. If you would like to be considered for an assisted place please contact Angela Summerfield ([angela.summerfield@nottingham.ac.uk](mailto:angela.summerfield@nottingham.ac.uk)) with full details of your organisation before completing the online booking form.

### **Not for Profit & Commercial - £195**

For national or statutory organisations (such as universities, NIHR, NHS Trusts, national charities) and for business organisations (such as pharmaceutical or medical devices companies, publishers).

## **How to book**

**Please complete the booking form on the MindTech website:**

<http://www.mindtech.org.uk/mindtech-annual-conference.html>

For further information contact Karen Sugars on 0115 823 2416 or email [karen.sugars@nottshc.nhs.uk](mailto:karen.sugars@nottshc.nhs.uk)

## **Cancellation Policy**

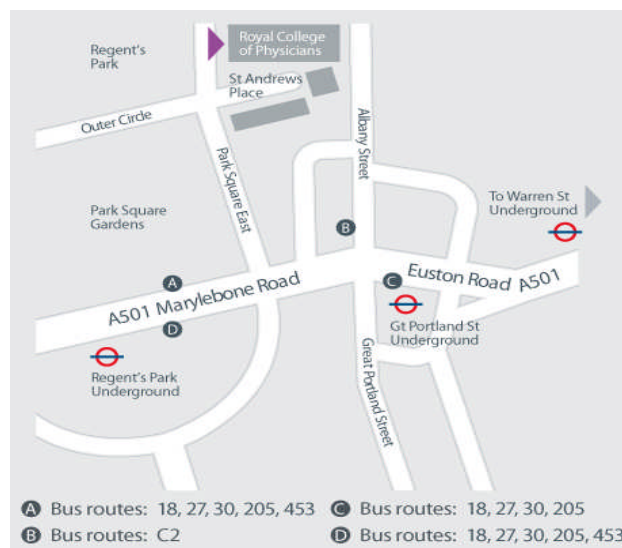
Written notice is required for cancellations. An administration charge of £30 will be made for cancellations less than 40 working days before the event, after which no refunds will be made.

## **Location**

The Royal College of Physicians (RCP) is located next to Regent's Park in the centre of London. Address: Royal College of Physicians, 11 St Andrews Place, Regent's Park, London NW1 4LE.

## Finding the Venue

Visit the website: <http://www.rcplondon.ac.uk/visit-us> for a venue map, directions via public transport and car parking information.



## By Underground

- Regent's Park Station on the Bakerloo line (3 minutes' walk)
- Great Portland Street Station on the Circle, Metropolitan and City lines (5 minutes' walk)
- Warren Street Station on the Victoria and Northern lines (10 minutes' walk)

## By Train

- Euston Station (15 minutes' walk)
- King's Cross Station (5 minutes by taxi)
- St Pancras Station – Eurostar terminal (5 minutes by taxi)
- Marylebone Station (5 minutes by taxi)

## **Car Parking**

The RCP has limited free car parking for disabled visitors, spaces must be booked in advance. Please contact Angela Summerfield on 0115 82 30258.

There are public car parks located on A4201 Portland Place, Devonshire Street, Munster Square, Cardington Street within walking distance.

## **Disabled Access**

The Royal College of Physicians has carried out extensive work to make their listed building as accessible as possible to everyone, including visitors with physical, sensory and other disabilities. College staff are on hand to assist in any way if required.

## **Accommodation**

Please refer to the RCP website or Google Maps for local accommodation.